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| **Kent Community Service Agencies** | | | **General Needs/Resources** | | | | |
| **King County Community Information** | | | **211** or 206-461-3200 | |
| **Crisis Line** (24 hours) | | | 1-800-621-4636 | |
| **Birch Creek Annex of  Kent Food Bank** | | | **Food:** Mon 10 am-1 pm Birch Creek Apart. 12961 SE 275th St. | | | 253-520-3550 [kentfoodbank@gmail.com](mailto:kentfoodbank@gmail.com) | |
| **Catholic Community Services** | | | **Rent, PSE & Water** 2nd & 4th Thu. 2-3pm | | | 253-850-2523 | |
| **Des Moines Food Bank** | | | **Also serves Kent West Hill & SeaTac**  M-W-F 9-11:45 am, Third Tues, 6-8 pm | | | 206-878-2660 | |
| **DSHS** (24-Hour Crisis Line) | | | **Emergency Funds** including **Move In Help** | | | 866-427-4747 | |
| **Hillside Church** | | | **Clothing & Food—Sat. 9 am — 2 pm** | | | 253-852-5144 | |
| **Kent Area PTA Clothing Bank** | | | **Families in Kent SD w/school referral** | | | 253-373-4727 | |
| **Kent Covenant Church** | | | **PSE, Water & Food—**call Tues. for Thurs apt | | | 253-631-0222 | |
| **Kent Food & Clothing Bank** | | | **Food:** Tue-Wed-Fri 10 am-1 pm,  Second Wed. of each month 5-6 pm  **Clothing:** Tue-Wed-Fri 10am – 12:30pm | | | 253-520-3550 [kentfoodbank@gmail.com](mailto:kentfoodbank@gmail.com) 515 W Harrison St.  Suite 107 Kent, WA 98032 | |
| **Kent Food Bank  Emergency Services** | | | **PSE or Water** (must have final notice) **or** **RX** (no pain). Appointments first come, first service on 3rd Wed of month between 10 am-1 pm Staff will evaluate & qualified receive maximum of $50 | | |
| **Kent United Methodist Church** | | | **Rent, PSE & Water Assistance—** Call Mon. 9am for a Wed. appt. | | | 253-852-0993 | |
| **Maple Valley Food Bank** | | | **Rent, PSE, Bus Passes** M-W-F 10:30 a-1:00 p | | | 425-432-8633 | |
| **Multi-Service Center** | | |  | | | 253-893-0024 | |
| **Puget Sound Energy** | **Broken furnace inspection**; parts/labor for free | | | | 1-800-321-4123 or 888-225-5773 | | |
| PSE Bill Payment Arrangements | | | | Billing, Payment Plans; call for details | | 888-225-5773 | |
| **REACH Center** (Renton) | | | Emergency Funds | | | 425-277-7582 | |
| **Salvation Army** | | | **Rent** (last $50)**, Bus Tokens** 10a-2p Mon - Fri | | | 253-852-4983 | |
| **Solid Ground** | | **Rent** (must be on verge of losing housing) **Ask for rental assistance programs** | | | | | 211 |
| **St. Columbia's Episcopal Church** | | | **Food,** West Hill/Military Rd, Mon. & Fri.  10am-12pm | | | 253-854-9912 | |
| **St. James Episcopal** | | | **Clothing, Food, Gas Vouchers, PSE, Water, Thrift Shop,** Call Mon 1-4 pm, or Tue 9 am-12 pm for appt. | | | 253-852-4100 | |
| **St Vincent de Paul** | | | **Rent, PSE**, last $75 to $100 needed | | | 206-767-6449 | |
| **Free Meals** | | | | | | | |

**For a list of free meals**, download the Kent Free Meals handout on our website.  
[http://www.kentmethodist.com/assistance/](http://www.kentmethodist.com/assistance/%20) and scroll down to the bottom of the page.

**Want the most up-to-date version of this resource sheet?**Go to [http://www.kentmethodist.com/assistance/](http://www.kentmethodist.com/assistance/%20) and go to the section titled  
*What to Do If the Appointments Are Full*near the bottom of the page.   
Click on the *Kent Area Assistance Programs*hyperlink.

**Please contact us with corrections, additions or other needed changes**   
@ 253-852-3900 or [general@kentmethodist.com](mailto:general@kentmethodist.com).

Compiled by Kent United Methodist Church 4/7/2020

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| **Shelter** | | | | | | |
| **Catholic Community Services Shelter** (including **motel vouchers**) | | | | | 253-850-2523 | |
| **DAWN (Domestic Abuse Women's Network)** | | | | | 425-656-7867 | |
| **Downtown Emergency Service Center** in Seattle | | | | | 206-464-1570 | |
| **Family Housing Connection** (call 211 & specifically ask for this) | | | | | 211 | |
| **H.O.M.E. Men's Shelter** (CCS) | | | | 253-854-0077, 253-520-4365 | | |
| **Hospitality House** (women only) | | | | | 206-242-1860 | |
| **KentHOPE Day Center for Women & Children** (9009 Canyon Dr, Kent) | | | | | 253-480-2325 | |
| **Operation Night Watch in Seattle** | | | | 206-323-4359, (206-329-2099 after 7pm) | | |
| **Salvation Army** (Domestic Violence) | | | | | 206-442-8398 | |
| **Salvation Army** (Kent motel vouchers) | | | | | 253-852-4983 | |
| **SKC Multi Service Center** | | | | | 253-854-3437 | |
| **Solid Ground** (homeless with children under 18 living with you) **Ask for emergency housing options** | | | | | | 211 |
| **Union Gospel Mission Shelter for Men** | | | | | 206-622-5177 | |
| **Union Gospel Mission Shelter for Women** | | | | | 206-628-2008 | |
| **Vine Maple Place transitional housing** (for women with children only) | | | | | 425-432-2119 | |
| **YWCA** | | | | | 425-255-1201 | |
| **Health** | | | | | | |
| **DAWN,** dawnonline.org, 221 W Gowe Street, Kent | | | | | 425-656-7867 | |
| **Domestic Violence Hotline** | | | | | 1-800-562-6025 | |
| **Health Point,** 403 E Meeker St, Suite 200, Kent | | | | | 253-852-2866 | |
| **Kent Community Clinic** | | | | | 253-852-2866 | |
| **Kent Housing & Human Services** | | | | | 253-856-5070 | |
| **Kent Youth & Family Services-Counseling** | | | | | 253-859-0300 | |
| **Pregnancy Aid** | Pregnancy test, maternity & baby clothes/diapers/car seats | | | | 253-852-1201 | |
| **Public Health** | | | | | 206-296-4700 | |
| **Valley** **Cities Behavioral Health Care** (325 West Gowe St.) | | | | | 253-833-7444 | |
| **Well Baby Clinic** (child and teen) | | | | | 206-296-4900 | |
| **W.I.C.** (PG/nursing Moms/infants to 6 months; kids to 5) | | | | | 206-296-4500 | |
| **Education/Advocacy/Legal Aid** | | | | | | |
| **Centro Rendo** | | | Hispanic Population support | | 253-499-4245 | |
| **Courage 360** | | | **Job readiness, support, computer** | | 253-859-3718 | |
| **Domestic Violence Hotline** | | |  | | 1-800-562-6025 | |
| **Food Stamp Education** | | |  | | 1-888-644-3663 | |
| **Housing Justice Project** | | **Housing Issues & Legal Advice,** Regional Justice Center, Rm. 128, 1401 4th Ave. N, Kent, WA 98032 | | | 206-267-7090 (English) 206-267-7091 (Español) | |
| **Iraqi Community Center** | | | Primarily serve Arabic speaking | | 206-822-8880 | |
| **Kent Housing & Human Services** | | |  | | 253-856-5070 | |
| **King County Housing Authority** | | |  | | 206-315-4360 | |
| **NW Justice** | | | Legal Aid | | 206-464-1519 | |
| **R.O.A.R.** | | | Must go to Fremont area | | 206-634-1977 | |
| **REWA** | | | Refugee women only | | 206-957-2029 | |
| **Senior Information Assistance** | | |  | | 206-448-3110 | |
| **Solid Ground** | | | Mostly legal help and counseling | | 206-694-6700 | |
| **Valley Cities Homeless Outreach** | | |  | | 253-833-7444 | |
| **Welfare Rights Advocacy** | | | Help with DSHS problems | | 206-324-3063 | |
| **Worksource** | | | Help for Homeless Veterans | | 206-205-3500 | |